

home lab evaluation

Name:

Thank you for taking the initiative & time to complete your missed labs at home. Read the information below before you begin.

Home Lab Information

- Talk with Ms. Bower to determine the recipe selection for the missed lab.
- Set up a time to cook the lab with your parent or guardian: they will need to be present while you cook.
- Photo document your cooking at home and create a 1 page, PDF document of the cooking. Include the title of the recipe, your name, **at least 6 photos of the process, the food and the clean up.**
- Parent or guardians: please evaluate the lab based on the criteria listed below. Please include comments and contact information.
- Email your PDF to jbower@rvschools.ab.ca

Lab Evaluation Criteria

5 marks: exceeds defined outcomes. Solves problems creatively and effectively and is self directed.

4 marks: meets defined outcomes. Solved problems in a self directed manner.

3 marks: meets defined outcomes & limited assistance and guidance.

2 marks: meets some of the defined outcomes and required a guided plan of action.

1 mark: has not completed defined outcomes. Equipment and/or process are used inappropriately.

Recipe Name:	Recipe Name:
Lab Category:	Lab Category:
Grooming: hands washed, apron on, hair tied back, sink full and ready to keep kitchen tidy while cooking, no double dipping.	
Skills: read recipe before cooking, set out ingredients, use proper kitchen equipment and cooking techniques required for the chosen recipe.	
Product: pleasant flavour, colour and presentation for the chosen recipe.	
Clean Up: dishes washed & put away, all work surfaces wiped off, floor swept, ingredients put away and left overs stored properly.	
Total Marks: /20 Please include comments.	
Parent/Guardian Signature:	Contact Info:
Teacher Signature:	Date Returned:

“Food is the most primitive form of comfort”-Sheilah Graham